



RESPONSIBILITIES OF J-1 EXCHANGE VISITORS AT OSU

Exchange Visitors (EVs) in J-1 status are responsible for understanding and complying with U.S. regulations governing the J visa status. The Exchange Visitor's responsibilities (22 C.F.R. Part 62) include but are not limited to the following:

- 1. Engage only in the Activities Permitted for the Exchange Visitor Category Type: Each category has a definition and expectations for the activities of the exchange visitor, which must be met. For example a Research Scholar or Professor is here to perform research or teach; a Student Intern is expected to follow the Training/Internship Placement Plan.
2. Report Address Changes to the Office of International Services (OIS): All J-1 EVs must report changes of address within 10 days of the address change to OIS. OIS needs to report the address for all J-1 EVs to the US Department of Homeland Security through SEVP.
3. Maintain Adequate Health Insurance: EVs must have health insurance for themselves and all J-2 dependents throughout the entire program participation period and stay in the US. EV's health insurance policies must meet the health insurance requirements of the Department of State. Failure to maintain appropriate insurance coverage will result in termination of the EV's J-1 program. Refer to attached Health Insurance Information Form for details.
4. Report Any Changes in Program to OIS: J-1 programs are specific to the program description, department, and sponsor approved at OSU on the initial J-1 application. EVs must notify OIS whenever there is a change in their program.
a. Receive Transfer Authorization Prior to Leaving OSU: In some cases J-1 EVs may be eligible to transfer their J-1 program to another US SEVP program. EVs must receive transfer authorization from OIS before leaving OSU; contact OIS one month in advance for transfer procedures.
b. Apply for a Program Extension Prior to the DS-2019 Expiration: If the OSU sponsor would like to extend the J-1 program beyond the end date listed on the DS-2019, they must apply for an extension with OIS. The maximum program length depends on the EVs category: Research Scholars or Professors have five years, Short-Term Scholars have 6 months, Student Intern or Specialists have 12 months maximum.
5. Maintain a valid DS-2019, Passport, and I-94 card while in the US: Exchange Visitors and any dependents are at all times expected to maintain a valid DS-2019, valid passport, and I-94. The passport must be valid for a minimum of six months from the DS-2019 end date.
6. Employment ONLY with OIS Authorization: J-1 Exchange Visitors may only work with authorization from OIS and the OSU sponsor. The employment must be directly related to the objectives of the exchange visitor program, be incidental to the primary program activities, and must not delay the completion date of the J-1 program. Unauthorized employment is a violation of program status; an exchange visitor's participation is subject to termination when he or she engages in unauthorized employment.
7. Obtain Travel Signature Prior to Traveling Outside the US: If an EV will travel outside the US and then return to the US to resume his/her J-1 program, an International Scholar Advisor must sign the DS-2019 prior to travel. In addition, the EV's passport must be valid for a minimum of six months from the date the EV will re-enter the US, and the scholar must have a valid J-1 US visa that is valid on the date of re-entry. EVs should be aware that they must not leave their J-2 dependents in the US for a period longer than 30 days.
8. Depart the U.S. within the 30-Day Grace Period and Report Departure to OIS: EVs must inform OIS when they have concluded their program and will be leaving OSU. EVs with Duration of Status (D/S) listed on the "Until" field of their I-94 must depart the US within 30 days of the Program End Date listed on the DS-2019. If an EV completes their J-1 program earlier than the Program End Date, the 30 day grace period applies to the date that the J-1 program was completed and the EV needs to report this early completion of program to OIS. Working or continuing to conduct collaborative research is not allowed during the 30 Day Grace Period.
9. Bars to Further Program Participation:
a. 24 Month Bar: EVs in the J-1 Researcher or J-1 Professor categories cannot return to the US in the category of J-1 Researcher or J-1 Professor until 24 months have passed since the EV completed his/her J-1 program.
b. 12 Month Bar: EVs who have been in any J status (J-1 student, J-2 dependents, etc.) for at least 6 months cannot become a J-1 Research Scholar or Professor until they have been outside the US for at least 12 months.
c. Student Interns: are limited to one internship per degree level.
10. Two Year Home Residency Requirement: EVs subject to the Two Year Home Residency Requirement (212(e)) will be required to return to their country of Legal Permanent Residence for a total of 2 years OR receive a waiver of the 212(e) before they will be eligible to obtain a work visa (H-1B, L-1) or Permanent Residency in the US. After a waiver of the 212(e) is recommended by the U.S. Department of State extensions and transfers are NOT permitted. Before applying for a waiver, discuss your case with OIS.

I have read and understood my responsibilities as a J-1 Exchange Visitor at Oregon State University.

Scholar Name: _____ Signature: _____ Date: _____

Please read carefully. You will need to sign this upon arrival.